

Relatório Geral - 5 KM - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Ci.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
1	304	ROSANGELA ANDRADE SILVA	F	40	F4044	-	FAMÍLIA MIRELLA	00:20:29	00:20:28	04:06	14,66
2	172	LAURA BERENGUEL PROENÇA	F	14	F0024	-	TROPA DO ELITO / CR RUNNERS / MQV LAJES	00:20:57	00:20:57	04:11	14,32
3	188	JESSICA LIMA	F	23	F0024	-	CR RUNNERS	00:21:30	00:21:30	04:18	13,95
4	415	VALDÍVIA COELHO	F	49	F4549	-	AVULSO	00:22:32	00:22:32	04:30	13,31
5	550	TAYMARA SZUMOSKI	F	15	F0024	-	LUCIO SANTOS TEAM	00:23:03	00:22:57	04:35	13,07
6	18	SANDY THALITA ROCHA DOS SANTOS	F	23	F0024	1	ESQUENTA PANTURRILHA	00:24:05	00:23:55	04:47	12,54
7	292	NADIA DEWES EMMENDOERFER	F	39	F3539	1	BE HAPPY	00:24:26	00:24:25	04:53	12,29
8	203	DEBORA MARIA TCHAIKA FERNANDES	F	28	F2529	1	AVULSO	00:24:40	00:24:40	04:56	12,16
9	270	CLAUDIA ESPINOZA	F	37	F3539	2	RH NA MEIA	00:25:16	00:24:59	05:00	12,01
10	336	ADRIANA REGINA NUNES PEREIRA	F	46	F4549	1	FORÇA JOVEM	00:25:54	00:25:25	05:05	11,80
11	214	THAIS PEREIRA CAMPOS	F	30	F3034	1	AVULSO	00:25:37	00:25:36	05:07	11,72
12	259	JUCIANE MARIA MOSER	F	36	F3539	3	AVULSO	00:26:08	00:25:44	05:09	11,66
13	250	RAQUEL BAIA GUIDI	F	35	F3539	4	ESQUENTA PANTURRILHA	00:26:01	00:25:59	05:10	11,61
14	278	ROSENI DE FREITAS	F	38	F3539	5	SONIC TEAM	00:26:18	00:26:16	05:15	11,42
15	358	ELIEGE CRISTINA LONGHI	F	54	F5054	1	RECREIO DA JUVENTUDE	00:26:27	00:26:22	05:16	11,38
16	388	GISLAINE CANDIDA PIAZZOLI	F	28	F2529	2	CIA DOS CAVALOS	00:26:56	00:26:39	05:20	11,26
17	230	ANDREIA APARECIDA DE ABREU FERNANDES	F	32	F3034	2	AVULSO	00:27:41	00:27:17	05:27	11,00
18	480	INGRID TEIXEIRA	F	26	F2529	3	ESCRITÓRIO (ASP)	00:29:33	00:27:49	05:34	10,78
19	217	VIVIANE CAROLINE MARCONDES	F	31	F3034	3	BUSCAPÉ RUNNERS	00:28:03	00:27:54	05:35	10,75
20	277	TATIANA ELENA MARTINS	F	38	F3539	6	AVULSO	00:28:21	00:28:00	05:36	10,71
21	393	ARACELIS SANDRI VON SCHEIDT	F	35	F3539	7	100M0LEZA	00:28:06	00:28:03	05:37	10,70
22	32	JANINE RABELLO DE SOUZA PIZZATTO	F	29	F2529	4	JAC RUNNERS	00:29:44	00:28:06	05:37	10,68
23	315	ALICE ANTUNES	F	41	F4044	1	AVULSO	00:29:00	00:28:23	05:41	10,57
24	200	VANESSA COSTA DE SOUSA	F	27	F2529	5	AVULSO	00:29:23	00:28:25	05:41	10,56
25	297	CRISTIANE F M PLATZ	F	39	F3539	8	AVULSO	00:29:16	00:28:26	05:41	10,55
26	279	JAQUELINE FATIMA MOREIRA VALENCIO	F	38	F3539	9	AVULSO	00:28:39	00:28:32	05:42	10,51
27	185	LUIZA NISHI PIGATTO	F	22	F0024	2	AVULSO	00:28:56	00:28:35	05:43	10,50
28	554	LUANA ODEVAGEN MICHALISZYN	F	15	F0024	3	LUCIO SANTOS TEAM	00:28:51	00:28:39	05:44	10,47
29	523	JOSIANE MICHELLI TOSI VALGAS	F	34	F3034	4	ACP	00:29:31	00:28:44	05:45	10,44
30	440	PAMELA BARBOSA	F	29	F2529	6	ASP (CAC)	00:29:25	00:28:46	05:45	10,43
31	255	JOSIANE QUEIROZ NEVES	F	35	F3539	10	COSENZA	00:29:32	00:29:10	05:50	10,29
32	219	DALINI DA CRUZ	F	31	F3034	5	AVULSO	00:31:09	00:29:18	05:52	10,24
33	302	DEISE HOLM	F	40	F4044	2	AVULSO	00:29:46	00:29:41	05:56	10,11
34	276	ANDRESSA CAROLINA BORGES	F	38	F3539	11	AVULSO	00:30:22	00:29:45	05:57	10,08
35	182	GIULIA KARIME CAVASSIM	F	21	F0024	4	CENTRO DE COND. FISICO	00:30:22	00:29:52	05:58	10,04
36	242	LUCIANE ALVES MARTINS DOS SANTOS	F	34	F3034	6	AVULSO	00:29:59	00:29:52	05:58	10,04
37	183	FERNANDA CRISTINA MAKOSKI VASCO	F	21	F0024	5	MAKOSKI MAXXIMUS	00:30:22	00:29:57	05:59	10,02
38	239	ANGELICA BIA PRIMO CARNEIRO	F	33	F3034	7	CAMELADA	00:30:20	00:30:01	06:00	9,99
39	552	JULIETA MARIA ODEVAGEN MICHALISZYN	F	39	F3539	12	LUCIO SANTOS TEAM	00:30:18	00:30:04	06:01	9,98
40	231	TATIANE DE ARAUJO	F	32	F3034	8	TATI E FILHOS	00:31:41	00:30:10	06:02	9,94
41	280	TAIS HOLM	F	38	F3539	13	TAIS HOLM	00:30:14	00:30:10	06:02	9,94
42	263	DANIELI PEREIRA DA COSTA MARTINS	F	36	F3539	14	AVULSO	00:30:24	00:30:23	06:05	9,87
43	222	DEBORA ZAIDOWICZ REUS	F	31	F3034	9	EQUIPE OLIMPICA	00:30:49	00:30:30	06:06	9,84
44	300	MAGNA MORENO SANCHES PRIMO	F	40	F4044	3	AVULSO	00:31:44	00:30:30	06:06	9,84
45	225	EVELLYN KARLA SCHWIRK CABRAL	F	32	F3034	10	AVULSO	00:30:37	00:30:32	06:06	9,83
46	204	KENDRA AYANNE DE FAEIA	F	28	F2529	7	AVULSO	00:32:15	00:30:38	06:08	9,79
47	417	PATRICIA MARIA CHAGAS	F	23	F0024	6	ASP (CAAB)	00:31:20	00:30:41	06:08	9,78
48	220	IAMARA DE SANT ANNA RODRIGUES	F	31	F3034	11	LAPATLETAS	00:31:18	00:30:52	06:10	9,72
49	311	DANIELLA GONINI DE MATTOS LEAO	F	41	F4044	4	AVULSO	00:31:26	00:30:56	06:11	9,70
50	240	FERNANDA ACCIOLY	F	33	F3034	12	AVULSO	00:32:34	00:31:05	06:13	9,65
51	342	MARIA IZABEL MOLINA ZAMBÃO	F	50	F5054	2	G148/IGREJA ADVENTISTA	00:31:23	00:31:08	06:14	9,64
52	253	LUCIANE CRISTINA BORGES LIMA CORREIA	F	35	F3539	15	AVULSO	00:31:27	00:31:10	06:14	9,63
53	558	GEDIANE GOMES DOS SANTOS BUENO	F	35	F3539	16	LUCIO SANTOS TEAM	00:31:29	00:31:16	06:15	9,59
54	273	LISA TANIGUCHI	F	37	F3539	17	AVULSO	00:32:11	00:31:20	06:16	9,57
55	284	IZABEL CRISTINA CAMARGO ARAUJO	F	38	F3539	18	COXA RUNNERS	00:31:55	00:31:27	06:17	9,54
56	405	RENATA KLUPPEL	F	32	F3034	13	AVULSO	00:32:29	00:31:30	06:18	9,52
57	314	LILIAN PALOMA	F	41	F4044	5	AVULSO	00:32:33	00:31:34	06:19	9,50
58	331	ESTER MOZER	F	45	F4549	2	AVULSO	00:31:53	00:31:42	06:20	9,46
59	289	AGNES DE PAULA CORREA VITOR DE SOUZA	F	39	F3539	19	AVULSO	00:32:46	00:31:54	06:23	9,40
60	211	MAYARA MAFRA ESPERANDIO CORTES	F	30	F3034	14	AVULSO	00:32:29	00:31:56	06:23	9,39
61	244	JULIA DO CARMO PABST SCHOLOCHUSKI CARDOSO	F	34	F3034	15	AVULSO	00:32:37	00:31:57	06:23	9,39
62	192	FRANCYELLE DOMINGUES ARANHA	F	25	F2529	8	AVULSO	00:33:00	00:32:05	06:25	9,35
63	249	DENISE MORENO GAIA SOMMER	F	35	F3539	20	AVULSO	00:32:18	00:32:06	06:25	9,35
64	301	IZABEL CRISTINA PAIVA	F	40	F4044	6	AVULSO	00:32:55	00:32:10	06:26	9,33
65	262	ALINE CRISTINA COELHO BARRETO	F	36	F3539	21	INDIVIDUAL	00:33:45	00:32:12	06:26	9,32
66	334	ADRIANA INES DE PAULA	F	46	F4549	3	AVULSO	00:33:51	00:32:12	06:26	9,32
67	209	ANA PAULA DE ASSIS SILVA	F	29	F2529	9	CURITCHIBINHAS RUNNERS	00:33:18	00:32:13	06:27	9,31
68	352	SIBELE DE SOUZA E SILVA BOLZAN	F	52	F5054	3	AVULSO	00:33:08	00:32:13	06:27	9,31
69	197	GISLAINE CUTCHMA	F	26	F2529	10	AVULSO	00:32:21	00:32:16	06:27	9,30
70	448	PRISCILA BARBOSA DOS SANTOS	F	35	F3539	22	ASP (CASJP)	00:33:18	00:32:17	06:27	9,29
71	305	VILMARA ADANSKI	F	40	F4044	7	AVULSO	00:32:35	00:32:25	06:29	9,25
72	286	DENISE GARCIA	F	39	F3539	23	AVULSO	00:32:48	00:32:26	06:29	9,25
73	186	KELLY FERNANDA EVARISTO BALBINO	F	22	F0024	7	AVULSO	00:33:03	00:32:30	06:30	9,23
74	337	INES APARECIDA POLETO	F	47	F4549	4	0	00:33:24	00:32:36	06:31	9,20

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75	390	RUTE BOMFIM	F	29	F2529	11	AVULSO	00:34:18	00:32:45	06:33	9,16
76	298	JUCILEIA CRISTIANE MARCHINI DE ABREU	F	40	F4044	8	AVULSO	00:33:18	00:32:48	06:34	9,15
77	179	JESSICA LOPES	F	19	F0024	8	AVULSO	00:33:26	00:32:51	06:34	9,13
78	351	WALDICI PISKE DA FONSECA	F	52	F5054	4	TRIAIX	00:34:11	00:32:52	06:34	9,13
79	281	ANNA ELISA ROSENDO HOFFMAN	F	38	F3539	24	CROSS PARK	00:33:46	00:32:55	06:35	9,11
80	320	SUZANA PILATO	F	42	F4044	9	AVULSO	00:33:15	00:32:59	06:36	9,10
81	319	ROSELI BATISTA DA SILVA	F	42	F4044	10	AVULSO	00:33:45	00:33:13	06:39	9,03
82	238	FABIANA DE SOUZA PELLISSARI ZUGE	F	33	F3034	16	ZÜGE RUNNERS	00:35:15	00:33:18	06:40	9,01
83	252	VIRGINIA LUCIA SIERRA QUEIROZ YANO	F	35	F3539	25	AVULSO	00:35:13	00:33:19	06:40	9,00
84	248	JOYCE MENEZES DA COSTA DUARTE	F	35	F3539	26	AVULSA	00:35:13	00:33:20	06:40	9,00
85	387	THAYANE RECKA	F	34	F3034	17	WAFFLES	00:34:03	00:33:21	06:40	9,00
86	201	RENATHA KELLY GOMES	F	27	F2529	12	AVULSO	00:35:15	00:33:24	06:41	8,98
87	258	GISLAINE TOMAZ FELIX	F	36	F3539	27	AVULSO	00:33:29	00:33:24	06:41	8,98
88	407	LARA TINOCO	F	37	F3539	28		00:34:27	00:33:28	06:42	8,96
89	338	ELAINE BORGES RUFINO DALLA VILLA	F	47	F4549	5	ANONYMOUS RUNNERS	00:33:40	00:33:31	06:42	8,95
90	265	MICHELE MARQUES DE OLIVEIRA	F	36	F3539	29	AW ASSESSORIA ESPORTIVA	00:35:09	00:33:34	06:43	8,94
91	283	FLAVIA MARIANA DE OLIVEIRA	F	38	F3539	30	RANCHO DOS BOIRON	00:33:52	00:33:34	06:43	8,94
92	175	GABRIELA ESSER ELAZAR	F	16	F0024	9	AVULSO	00:33:44	00:33:42	06:44	8,90
93	350	NEIVA MARA DOS SANTOS HOLTZ	F	52	F5054	5	AVULSO	00:35:04	00:33:48	06:46	8,88
94	323	JUCICLEIDE SILVA SANTOS	F	43	F4044	11	AVULSO	00:34:02	00:33:49	06:46	8,87
95	221	ANGELA DE FATIMA FRANCO	F	31	F3034	18	AVULSO	00:35:23	00:33:50	06:46	8,87
96	234	FERNANDA CAPELINI	F	33	F3034	19	DAL NEGRO	00:35:41	00:34:01	06:48	8,82
97	517	MARIA LUIZA ROMÃO DAS CHAGAS	F	51	F5054	6	ASP	00:34:23	00:34:16	06:51	8,75
98	190	MARINA BRAGA DE OLIVEIRA	F	24	F0024	10	AVULSO	00:34:58	00:34:20	06:52	8,74
99	444	SOLANGE R. O. SANTOS	F	50	F5054	7	USB/ASP	00:36:13	00:34:20	06:52	8,74
100	191	JACQUELINE POLETO TULIO RODRIGUES	F	25	F2529	13	AVULSO	00:35:32	00:34:42	06:56	8,65
101	198	LIDIA MARA CAPANEMA CORREA	F	26	F2529	14	AVULSO	00:35:54	00:34:44	06:57	8,64
102	343	TANIA ROSA	F	50	F5054	8	AVULSO	00:35:38	00:34:44	06:57	8,64
103	254	LOUISE ANDREATA RODRIGUES WENKE	F	35	F3539	31	IASD BORDA	00:35:24	00:34:45	06:57	8,63
104	333	INAJA LIMA	F	45	F4549	6	AVULSO	00:35:19	00:34:54	06:59	8,60
105	243	GISELA FONSECA	F	34	F3034	20	TRIAIX	00:36:42	00:34:57	06:59	8,58
106	218	JULIANA RICARDO SCHUTZE	F	31	F3034	21	ALPHA RUNNERS	00:35:12	00:35:06	07:01	8,55
107	553	LEDA MEIRA	F	44	F4044	12	LUCIO SANTOS TEAM	00:35:20	00:35:06	07:01	8,55
108	821	VILMA SALETE GOMES NOVACKI	F	42	F4044	13	VILMA	00:35:29	00:35:09	07:02	8,53
109	275	PATRICIA DE MORAES	F	37	F3539	32	AVULSO	00:35:29	00:35:10	07:02	8,53
110	324	MARCIA ORTIZ FRIGATO	F	43	F4044	14	AVULSO	00:35:17	00:35:13	07:03	8,52
111	206	TALITA TANABE	F	28	F2529	15	CORRENDO OU ANDANDO SEMPRE CHEGANDO	00:36:09	00:35:15	07:03	8,51
112	247	DEBORA PRISCILA MARQUES	F	34	F3034	22	IGUAPE	00:37:03	00:35:15	07:03	8,51
113	916	VILMA DE JESUS DE OLIVEIRA	F	40	F4044	15	ACP	00:36:32	00:35:19	07:04	8,49
114	196	ADRIELLE CYBELLE C DA S DE FRANCO	F	25	F2529	16	G148 CAMPO LARGO	00:35:41	00:35:20	07:04	8,49
115	194	FRANCIELLE CORDEIRO DE AVELAR	F	25	F2529	17	AVULSO	00:35:42	00:35:22	07:04	8,48
116	212	MARIA FERNANDA VAN DER NEUT DE ALMEIDA	F	30	F3034	23	AVULSO	00:36:57	00:35:27	07:05	8,46
117	369	JUREMA DE LOURDES CARLOS BATIOUK	F	62	F6064	1	FÊNIX RUN TEAM	00:36:05	00:35:27	07:05	8,46
118	548	ALESSANDRA MULLER	F	39	F3539	33	LUCIO SANTOS TEAM	00:35:43	00:35:29	07:06	8,45
119	339	SILVIA FRASON GROSSI	F	47	F4549	7	AVULSO	00:35:46	00:35:30	07:06	8,45
120	450	ROSELI DA ROSA	F	31	F3034	24	USB/ASP	00:43:08	00:35:37	07:07	8,42
121	282	SANDRA FERREIRA MELLA	F	38	F3539	34	AVULSO	00:35:49	00:35:38	07:08	8,42
122	266	JULIANA NAVARRO PADILHA	F	36	F3539	35	AVULSO	00:36:14	00:35:41	07:08	8,41
123	486	NATALIA MAIA	F	29	F2529	18	ESCRITÓRIO (ASP)	00:37:02	00:35:42	07:08	8,40
124	299	TATIANE BECHER	F	40	F4044	16	CORRERIA TOTAL	00:36:45	00:35:50	07:10	8,37
125	261	ELIANA MAURICIO FIGUEROA	F	36	F3539	36	AVULSO	00:36:34	00:35:58	07:12	8,34
126	416	PALOMA S. B. HOLANDA	F	23	F0024	11	ASP (CAAB)	00:36:46	00:36:06	07:13	8,31
127	170	LEIA CRISTINA WIELEVSKI	F	1	F0024	-	GUERRA/TRIATIVA	00:36:10	00:36:10	07:14	8,29
128	312	LUCINETE GONCALVES PROCHNOW	F	41	F4044	17	AVULSO	00:36:15	00:36:10	07:14	8,29
129	540	ADRINEIA DE IKUVEURA SANTOS	F	42	F4044	18	EQUIPE MINORU	00:36:42	00:36:10	07:14	8,29
130	363	NELCI BASSANI	F	57	F5559	1	BASSANI	00:36:22	00:36:14	07:15	8,28
131	380	CARMELINA JUSTOS DE LIMA	F	68	F6569	1	ASCOR-MOVIMENTA PONTA GROSSA	00:36:19	00:36:15	07:15	8,28
132	228	DAYANE BREVESTEKEY	F	32	F3034	25	AVULSO	00:38:01	00:36:18	07:16	8,26
133	404	AMANDA CRISTINA SANTOS PINTO	F	36	F3539	37		00:37:25	00:36:22	07:16	8,25
134	224	VIRGINIA DO CARMO PABST SCHOLOCHUSKI	F	32	F3034	26	AVULSO	00:37:02	00:36:24	07:17	8,24
135	267	VANIA DE OLIVEIRA LEAL	F	37	F3539	38	AVULSO	00:36:49	00:36:35	07:19	8,20
136	341	JOSIVANIA SILVA MIRANDA	F	48	F4549	8	AVULSO	00:36:49	00:36:37	07:19	8,19
137	245	FLAVIA GONDRO	F	34	F3034	27	AVULSO	00:37:46	00:37:00	07:24	8,11
138	257	EVERLI DA SILVA SANTOS AMAIA	F	36	F3539	39	AVULSO	00:38:43	00:37:10	07:26	8,07
139	379	IRANI SERENITA BATIOUK	F	67	F6569	2	FÊNIX RUN TEAM	00:37:50	00:37:10	07:26	8,07
140	518	LUCIANE MARY C. DIAZ	F	41	F4044	19	ASP (CASJP)	00:38:12	00:37:11	07:26	8,07
141	328	LUCI MERI SASSO DA SILVA KAWAMURA	F	45	F4549	9	AVULSO	00:37:28	00:37:14	07:27	8,06
142	332	ZILIANI MARIA DOS SANTOS BANDEIRA	F	45	F4549	10	FAMILIA BANDEIRA	00:38:25	00:37:14	07:27	8,06
143	368	MARIZON VIEIRA DA ROCHA	F	61	F6064	2	EQUIPE PHIRINFINFIN	00:37:41	00:37:18	07:28	8,04
144	346	CRISTINA BURKOT	F	51	F5054	9	AVULSO	00:38:57	00:37:28	07:30	8,01
145	348	MARTA HELENA ROSA DE ASSIS	F	51	F5054	10	AVULSO	00:38:22	00:37:35	07:31	7,98
146	376	ADELAIDE PEREIRA FORNAZARI	F	65	F6569	3	AVULSO	00:38:42	00:37:42	07:32	7,96
147	371	TEREZA CRISTINA GOMES DO VALE	F	63	F6064	3	AVULSO	00:38:41	00:37:43	07:33	7,95
148	382	MARIA ILEUZA PINHEIRO	F	69	F6569	4	AVULSO	00:37:59	00:37:47	07:33	7,94

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149	177	LUIZA DE ANDRADE	F	16	F0024	12	VIVA	00:38:45	00:37:55	07:35	7,91
150	208	ELAINE CRISTINA GIZIK FRANCA	F	29	F2529	19	AVULSO	00:38:23	00:37:56	07:35	7,91
151	360	SANDRA ANDRADE DE SOUZA	F	55	F5559	2	AVULSO	00:39:00	00:37:58	07:36	7,90
152	241	DANIELI REGINA FURTADO	F	34	F3034	28	AVULSO	00:38:40	00:38:09	07:38	7,86
153	543	GABRIELA ROCCO	F	29	F2529	20	AVULSO	00:39:48	00:38:31	07:38	7,86
154	215	KARINE LUIZE FRAGALLO	F	30	F3034	29	AVULSO	00:39:19	00:38:20	07:40	7,83
155	309	SANDRA ELIZA TABORDA BIANCHI	F	40	F4044	20	FAMÍLIA BIANCHI	00:38:38	00:38:25	07:41	7,81
156	181	FRANCIELE DE MEDEIROS ROCHA	F	20	F0024	13	CORRERIA TOTAL	00:40:12	00:38:26	07:41	7,81
157	236	VIVIANE CRISTINA KSIASZCZYK	F	33	F3034	30	AVULSO	00:39:40	00:38:11	07:42	7,79
158	189	JESSICA OLIVEIRA DE ARAUJO	F	24	F0024	14	PEIDORREIROS	00:39:43	00:38:35	07:43	7,78
159	176	RAFAELA PERLY	F	16	F0024	15	AVULSO	00:39:42	00:38:40	07:44	7,76
160	564	TATIANE RODRIGUES SANTOS	F	35	F3539	40	LUCIO SANTOS TEAM	00:40:33	00:38:42	07:44	7,75
161	827	HELEN CHRISTIAN BANKS	F	44	F4044	21	AVULSO	00:39:01	00:38:44	07:45	7,75
162	308	SIMONE ANDRADE DA SILVA	F	40	F4044	22	AVULSO	00:39:00	00:38:49	07:46	7,73
163	180	DIANI AMARAL	F	20	F0024	16	AVULSO	00:38:54	00:38:51	07:46	7,72
164	403	ANA LIA SANTOS PINTO	F	39	F3539	41	AVULSO	00:40:17	00:39:16	07:51	7,64
165	202	GEANY MENDES	F	27	F2529	21	JAC RUNNERS	00:40:59	00:39:20	07:52	7,63
166	530	KARINA MACIEL SCALCO	F	38	F3539	42	ACP	00:40:11	00:39:23	07:53	7,62
167	171	BEATRIZ LUIZA GROSSI PEREIRA	F	14	F0024	17	AVULSO	00:39:40	00:39:24	07:53	7,61
168	310	SILVANE BOSCHINI LOPES	F	41	F4044	23	AVULSO	00:39:40	00:39:29	07:54	7,60
169	345	JOELMA DA GRACA HELLA DE SOUZA	F	51	F5054	11	AVULSO	00:40:06	00:39:32	07:54	7,59
170	484	LORIANE WOLF	F	25	F2529	22	ESCRITÓRIO (ASP)	00:40:42	00:39:33	07:55	7,59
171	377	JANETE GLOWACKI ZUGE	F	66	F6569	5	ZÜGE RUNNERS	00:41:44	00:39:47	07:57	7,54
172	399	SUZIANE TESSEROLI	F	27	F2529	23	AVULSO	00:40:39	00:39:54	07:59	7,52
173	354	JANETE KRASSOTA BORGES LIMA	F	52	F5054	12	AVULSO	00:40:27	00:40:10	08:02	7,47
174	349	ERONDINA RODRIGUES	F	51	F5054	13	CORREDORES DE CRISTO	00:41:13	00:40:11	08:02	7,47
175	925	TANIA MARIA WEBER	F	55	F5559	3	EQUIPE MINORU	00:41:54	00:40:26	08:05	7,42
176	271	FRANCINELIA SANTOS FERREIRA XAVIER	F	37	F3539	43	AVULSO	00:41:10	00:40:30	08:06	7,41
177	246	MICHELLY DE LIMA ROSA	F	34	F3034	31	ROSA'S FAMILY RUN	00:40:51	00:40:51	08:10	7,34
178	256	CARLA BRUNETTO NEVES	F	36	F3539	44	RH NA MEIA	00:42:45	00:41:09	08:14	7,29
179	321	CINTIA MELO SILVA DAMIELEWSKI	F	42	F4044	24	AVULSO	00:42:00	00:41:19	08:16	7,26
180	361	MARINES BRAGA DE OLIVEIRA	F	55	F5559	4	AVULSO	00:41:58	00:41:21	08:16	7,26
181	174	ANNELIZI BORSATTO SILVA	F	16	F0024	18	AVULSO	00:42:34	00:41:22	08:16	7,25
182	296	GRAZIELE BORSATTO DA SILVA	F	39	F3539	45	AVULSO	00:42:34	00:41:23	08:17	7,25
183	322	SANDRA MARA DA SILVA TABORDA	F	43	F4044	25	TABORDAS	00:42:53	00:41:39	08:20	7,20
184	326	VERIDIANA MANTOVANI OZORIO	F	44	F4044	26	AW	00:43:14	00:41:39	08:20	7,20
185	207	DAYANE G. FORTES LEITHOLD	F	28	F2529	24	TRIAX	00:43:37	00:41:53	08:23	7,16
186	401	HELLIN FERNANDA BANDEIRA	F	29	F2529	25	AVULSO	00:43:05	00:41:53	08:23	7,16
187	272	LILIANE OLIVEIRA	F	37	F3539	46	AVULSO	00:43:09	00:41:56	08:23	7,15
188	213	DEBORA DE PAULA	F	30	F3034	32	AVULSO	00:42:55	00:41:57	08:23	7,15
189	229	FERNANDA DE FATIMA DE MATOS	F	32	F3034	33	ASP	00:42:39	00:41:57	08:23	7,15
190	436	DANIELA REGINA LAMARQUES ISOBE	F	42	F4044	27	ASP (CAAB)	00:42:39	00:41:57	08:23	7,15
191	235	PRISCILA DANIELLE DE SOUZA CARVALHO DA CUNHA	F	33	F3034	34	AVULSO	00:42:44	00:42:04	08:25	7,13
192	375	NILDA CANFILD	F	64	F6064	4	AVULSO	00:42:26	00:42:12	08:26	7,11
193	765	MICHELLE MENDES DA SILVA	F	22	F0024	19	AVULSO	00:42:23	00:42:14	08:27	7,10
194	347	ROSIANI MENDES	F	51	F5054	14	JAC RUNNERS	00:43:38	00:42:16	08:27	7,10
195	365	ELVIRA SANTOS DE OLIVEIRA DA SILVA	F	58	F5559	5	AVENTUREIROS	00:42:59	00:42:19	08:28	7,09
196	527	CRISTAL BRITO DE CASTRO	F	25	F2529	26	ACP	00:44:01	00:42:19	08:28	7,09
197	418	KARLA IARA CAETANO	F	46	F4549	11	USB/ASP	00:50:47	00:42:22	08:28	7,08
198	461	ISIS MARTINS FAUSTINO	F	39	F3539	47	ASP (CASJP)	00:43:23	00:42:30	08:30	7,06
199	269	ALINE VERGARA	F	37	F3539	48	AVULSO	00:43:09	00:42:31	08:30	7,06
200	528	BRUNA DALPICOLO BALIEIRO RODRIGUES	F	27	F2529	27	ACP	00:44:14	00:42:33	08:31	7,05
201	419	GRACIELLI PERPETUO PEREIRA DOS SANTOS	F	39	F3539	49	ASP (CAC)	00:43:51	00:42:34	08:31	7,05
202	442	MARLI AFONSO DOS SANTOS	F	36	F3539	50	ASP (CAAB)	00:48:03	00:42:40	08:32	7,03
203	447	BEATRIZ LOPES	F	19	F0024	20	ASP (CAAB)	00:48:03	00:42:40	08:32	7,03
204	290	ALIANA DE LIMA	F	39	F3539	51	AVULSO	00:43:13	00:42:46	08:33	7,01
205	456	LARISSA DUBINSKI	F	33	F3034	35	ASP (CAC)	00:43:44	00:42:59	08:36	6,98
206	307	LIANGE CRISTINA DE SOUZA KRASOTA	F	40	F4044	28	AVULSO	00:43:33	00:43:16	08:39	6,93
207	340	CLAUDIA MARTINS	F	47	F4549	12	AVULSO	00:44:33	00:43:23	08:41	6,92
208	478	CAMILA FREIRE	F	28	F2529	28	ESCRITÓRIO (ASP)	00:51:43	00:43:36	08:43	6,88
209	547	NITHERY DA CRUZ FERREIRA	F	53	F5054	15	ACP	00:44:23	00:43:37	08:43	6,88
210	561	TANIA CILENE BRUSTOLIN	F	46	F4549	13	LUCIO SANTOS TEAM	00:44:18	00:43:46	08:45	6,85
211	485	LUCIANA CECCON	F	34	F3034	36	ESCRITÓRIO (ASP)	00:45:22	00:43:58	08:48	6,82
212	370	MARIA ELZA SCHREOEDER	F	62	F6064	5	AVULSO	00:44:58	00:43:59	08:48	6,82
213	560	PATRICIA BRUSTOLIN	F	40	F4044	29	LUCIO SANTOS TEAM	00:44:34	00:44:00	08:48	6,82
214	425	FLÁVIA JEMINA LAMARQUES DA SILVA	F	35	F3539	52	ASP (CAAB)	00:44:45	00:44:03	08:49	6,81
215	313	PATRICIA BOMBILIO	F	41	F4044	30	AVULSO	00:44:31	00:44:06	08:49	6,80
216	294	ELIANA FATIMA DE ANDRADE MORAES	F	39	F3539	53	AVULSO	00:45:19	00:44:09	08:50	6,80
217	372	LURDES FARIAS	F	63	F6064	6	AVULSO	00:44:17	00:44:16	08:51	6,78
218	288	ROSILENE RIBEIRO DE ALMEIDA	F	39	F3539	54	AVULSO	00:46:22	00:44:27	08:53	6,75
219	373	SONIA REGINA BONVIM	F	64	F6064	7	EQUIPE BONVIM BIKE	00:45:17	00:44:28	08:54	6,75
220	226	TALITA KELLER FERREIRA	F	32	F3034	37	AVULSO	00:46:38	00:45:47	09:09	6,55
221	233	ADRIANA DE SOUZA	F	33	F3034	38	AVULSO	00:46:18	00:45:47	09:09	6,55
222	274	CRISTIANE SANDIN VISLOSKI DOS SANTOS	F	37	F3539	55	AVULSO	00:46:30	00:45:55	09:11	6,53

Relatório Geral - 5 KM - Feminino

Coloc.	Num.	Nome	Sx.	Idd.	Faixa	Ci.Fx.	Equipe	Tempo	Líquido	Ritmo	Veloc. Média
223	216	BRUNA SOUZA DE OLIVEIRA	F	31	F3034	39	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:47:34	00:46:03	09:13	6,51
224	355	ELISABETH MARTINS STAINSACK	F	53	F5054	16	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:47:34	00:46:04	09:13	6,51
225	184	GABRIELE RIBEIRO	F	22	F0024	21	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:47:34	00:46:05	09:13	6,51
226	295	CRISTIANE DE ANDRADE GONCALVES	F	39	F3539	56	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:47:33	00:46:05	09:13	6,51
227	356	LUCIA GRACINDA DA SILVA FROUFE	F	53	F5054	17	CASAL LU	00:46:41	00:46:22	09:16	6,47
228	293	JANAINA FRANCK DOS SANTOS	F	39	F3539	57	AVULSO	00:46:28	00:46:23	09:17	6,47
229	366	LUCI DOMINGUES GONCALVES	F	58	F5559	6	SUPER RUNNERS	00:47:28	00:46:30	09:18	6,45
230	251	KENDRA SORIANE DA CRUZ BOMBILIO	F	35	F3539	58	AVULSO	00:47:50	00:46:32	09:18	6,45
231	421	VERIDIANA CRUZ	F	41	F4044	31	ASP (CAC)	00:47:49	00:46:33	09:19	6,44
232	453	CARMEM APARECIDA ABOLIS DA SILVA	F	35	F3539	59	ASP (CAC)	00:47:39	00:46:56	09:23	6,39
233	205	CHEYSA CARLA RODRIGUES	F	28	F2529	29	CORRERIA TOTAL	00:49:13	00:47:23	09:29	6,33
234	408	KAROLINE APARECIDA TANNER	F	39	F3539	60		00:48:28	00:47:25	09:29	6,33
235	424	CHRISTIANE BOAVENTURA PEREIRA	F	36	F3539	61	ASP (CAC)	00:52:50	00:47:45	09:33	6,28
236	287	VANIA MIRANDA	F	39	F3539	62	AVULSO	00:50:14	00:48:08	09:38	6,23
237	457	JAQUELINE MENDONÇA BORGES	F	38	F3539	63	ASP (CCABR)	00:49:02	00:48:18	09:40	6,21
238	458	VALERIA G. MIRANDA	F	47	F4549	14	ASP (CAC)	00:49:02	00:48:19	09:40	6,21
239	210	FRANCINALVA REIS DUARTE	F	29	F2529	30	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:50:18	00:48:48	09:46	6,15
240	291	MARA CARLA VITORETO	F	39	F3539	64	ESCOLA ADVENTISTA DE ARAUCÁRIA	00:50:19	00:48:49	09:46	6,15
241	482	JUCÉLIA BERGAMO	F	32	F3034	40	ESCRITÓRIO (ASP)	00:51:32	00:49:50	09:58	6,02
242	325	ROSA GOMES DE OLIVEIRA	F	44	F4044	32	FLAT TIRE	00:50:05	00:49:56	09:59	6,01
243	187	JHENIFFER CRUZ DE LIMA	F	22	F0024	22	TRIÁDE	00:50:11	00:50:05	10:01	5,99
244	327	DANIELLE GROSMA	F	45	F4549	15	JAC RUNNERS	00:51:59	00:50:06	10:01	5,99
245	434	NEUZA MOREIRA CELESTINO	F	57	F5559	7	ASP (CAC)	00:50:56	00:50:12	10:02	5,98
246	435	GRESSIELY MOREIRA CELESTINO	F	35	F3539	65	ASP (CAC)	00:50:56	00:50:12	10:02	5,98
247	357	ROSA MARIA PAES DA SILVA	F	54	F5054	18	AVULSO	00:50:55	00:50:25	10:05	5,95
248	306	NILDA MORAES	F	40	F4044	33	AVULSO	00:50:56	00:50:28	10:06	5,94
249	316	FERNANDA BUENO DA SILVA DOS SANTOS	F	41	F4044	34	AVULSO	00:50:58	00:50:28	10:06	5,94
250	329	CLAUDIA PAROLIN	F	45	F4549	16	AVULSO	00:51:29	00:50:59	10:12	5,88
251	237	LISA ELVIRA MAYER HASS	F	33	F3034	41	AVULSA	00:51:28	00:51:01	10:12	5,88
252	227	TAYANA TANABE	F	32	F3034	42	AVULSO	00:52:16	00:51:21	10:16	5,84
253	449	LETICIA VIERA	F	29	F2529	31	ASP (CAAB)	00:53:19	00:51:41	10:20	5,80
254	796	IRLEIA AMALIA MARTIM PALMA	F	34	F3034	43	AVULSO	00:52:36	00:51:58	10:24	5,77
255	763	LARISSA VITORIA PALMA FEIFER	F	18	F0024	23	AVULSO	00:52:36	00:51:59	10:24	5,77
256	330	FABIANE ETCHEGARAY HEIDRICH LAMARQUES	F	45	F4549	17	AVULSO	00:52:51	00:52:08	10:26	5,75
257	426	DEBORA CRITINA LAMARQUES	F	45	F4549	18	ASP (CASJP)	00:52:50	00:52:09	10:26	5,75
258	459	MARIA DE LOURDES C. O DUBINSKI	F	54	F5054	19	ASP (CAC)	00:53:16	00:52:31	10:30	5,71
259	195	VANESSA KAROLINE RODRIGUES CANOZI	F	25	F2529	32	VIVA!	00:54:05	00:52:56	10:35	5,67
260	378	SEBASTIANA NADIRA DOS SANTOS	F	66	F6569	6	AVULSO	00:53:43	00:53:15	10:39	5,63
261	565	SANDRA SHMITZ LEVANDOSKI	F	42	F4044	35	LUCIO SANTOS TEAM	00:55:42	00:54:02	10:48	5,55
262	381	MARIA DA LUZ CAVALLI	F	68	F6569	7	AVULSO	00:57:03	00:56:06	11:13	5,35
263	414	VALÉRIA ROSA	F	37	F3539	66	AVULSO	00:58:02	00:56:15	11:15	5,33
264	374	MARIA APARECIDA DE ALMEIDA	F	64	F6064	8	AVULSO	00:58:02	00:56:16	11:15	5,33
265	260	MIRIAN GUIMARAES	F	36	F3539	67	CORRERIA TOTAL	00:58:08	00:56:22	11:16	5,32
266	367	RUTE DE PAIVA IACTCHAK	F	60	F6064	9	AVULSO	00:57:02	00:56:35	11:19	5,30
267	384	MARIA APARECIDA BORSATTO	F	73	F7099	1	AVULSO	00:58:27	00:57:16	11:27	5,24
268	571	ELISABETH TESKE	F	55	F5559	8	AVULSO	01:00:57	01:00:43	12:09	4,94